

SDO®

Sensory Dynamic Orthosis

1 2 3 4 5

With Medigarments Ltd, Long Eaton, Nottingham

Centralised SDO Training Courses in 2023

2

SDO Theory, Clinical Application & Measuring
27th September 2023 - Head office, Long Eaton

Please see overleaf for more information on each level

You are formally invited to take part in a training session for assessing and measuring for an SDO garment for a variety of Musculoskeletal and Neurological conditions.

The courses will be delivered by one of our specialist clinicians. The course is free of charge with lunch and refreshments included.

A one stop workshop designed to include clinical theory, prescription methods, case studies and proficiency for measuring for the SDO Original.

This will be an intensive day course where we cover the practicality of our garments, their construction and dive into design variations. Designed around you.

Learning Objectives

- To discuss the role of Dynamic Compression in facilitation and maintenance of function
- To use sound clinical reasoning when making the decision for Dynamic Compression
- Learning our measurement forms and techniques to get the optimal result
- Gain confidence in measuring consistently and accurately for the SDO
- Establish a framework for further training such as the competency clinic



Register here: www.jobskin.co.uk/training-courses-2023

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1

Introduction to Medigarments & SDO

This training will introduce you to our company and our product ranges and will be the first step to understanding how dynamic Lycra® works. Learn how SDO can improve your patient outcomes and work alongside your rehabilitation programmes. You will be able to identify which patients/conditions can benefit from SDO and how to assess a patient's suitability for SDO with our SDO Lite assessment range.

2

SDO Theory, Clinical Application & Measuring

Learning how to effectively assess and measure your patients to prescribe SDO Original and gain the best outcomes for your patients with neurological conditions.

This training introduces you to the world of SDO and allows you to understand how SDO can be used in your therapy and rehabilitation programmes, to improve posture, proprioception, movement, and function. You will learn how to identify specific patient needs and how to pick the optimal choice of reinforcement panels to suit each individual patient.

3

SDO Competency Certification

In this session you will apply previously learned skills and theory to a clinical context by independently measuring and assessing for an SDO. Together we will look at design principles and patient specific needs to best suit the patient. We will also identify any points for refinement and develop a platform from which you will develop your confidence and proficiency for prescribing the SDO.

4

SDO Scoliosis

SDO plays an important role in the management of neuromuscular scoliosis. This training provides in depth information on the understanding of neuromuscular scoliosis and how SDO benefits patients with this condition. We will look at different case studies, learn how to identify specific patient needs and how to pick the optimal choice of reinforcement panels to suit each individual patient.

5

SDO Refresher Training

This training is for clinicians who have already undertaken our measuring and prescription training and are looking to refresh their knowledge and improve their confidence on how to prescribe and measure for an SDO.