

SDO®

Sensory Dynamic Orthosis



With Medigarments Ltd, Long Eaton, Nottingham

SDO Theory, Clinical Application & Measuring

27th September 2023 - Head office, Long Eaton

Agenda

Delivered by one of our clinical specialists

Training Objectives:

- To develop an understanding of Lycra® as a clinical tool in rehabilitation
- Provide an idea of where the SDO can benefit patients/clients
- Learning our measurement forms and techniques to get the optimal result
- To take away and implement skills gained within their own clinical setting

9:00

Registration, Welcome & Introduction

Medigarments introduction & presence

Overview of the day

09:30 - 10:30

The Sensory Dynamic Orthosis

The SDO Lite & it's role in clinic

Human Neurophysiology in brief

Benefits of dynamic compression with research

evidence

10:30 - 10:50

Tea Break

10:50 - 12:00

SDO Cases & prescription overview

Clinical application of SDO, Paediatric & Adult

Importance of the review

Our ambassador

12:00 - 12:45

Lunch Break

12:45 - 1:45

Measuring for SDO Original & Order Forms

Overview of course manual & reference book

Measurement forms including format, special
measures & considerations

Reinforcement panels & design implications

1:45 - 2:00

Tea Break

2:00 - 3:30

Measuring practice (SDO patient)/practice measuring each other

Patient assessment, discussion, Q+A, trial SDO

Lite & measure for SDO Original

3:30 - 16:00

Summary, evaluations & booking for Level 3

Register here: www.jobskin.co.uk/training-courses-2023

SDO®

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1

Introduction to Medigarments & SDO

This training will introduce you to our company and our product ranges and will be the first step to understanding how dynamic Lycra® works. Learn how SDO can improve your patient outcomes and work alongside your rehabilitation programmes. You will be able to identify which patients/conditions can benefit from SDO and how to assess a patient's suitability for SDO with our SDO Lite assessment range.

2

SDO Theory, Clinical Application & Measuring

Learning how to effectively assess and measure your patients to prescribe SDO Original and gain the best outcomes for your patients with neurological conditions.

This training introduces you to the world of SDO and allows you to understand how SDO can be used in your therapy and rehabilitation programmes, to improve posture, proprioception, movement, and function. You will learn how to identify specific patient needs and how to pick the optimal choice of reinforcement panels to suit each individual patient.

3

SDO Competency Certification

In this session you will apply previously learned skills and theory to a clinical context by independently measuring and assessing for an SDO. Together we will look at design principles and patient specific needs to best suit the patient. We will also identify any points for refinement and develop a platform from which you will develop your confidence and proficiency for prescribing the SDO.

4

SDO Scoliosis

SDO plays an important role in the management of neuromuscular scoliosis. This training provides in depth information on the understanding of neuromuscular scoliosis and how SDO benefits patients with this condition. We will look at different case studies, learn how to identify specific patient needs and how to pick the optimal choice of reinforcement panels to suit each individual patient.

5

SDO Refresher Training

This training is for clinicians who have already undertaken our measuring and prescription training and are looking to refresh their knowledge and improve their confidence on how to prescribe and measure for an SDO.