

Style Options

Vest or Leotard without sleeves

Code: PCP01



Vest or Leotard with short or long sleeves

Code: PCP02

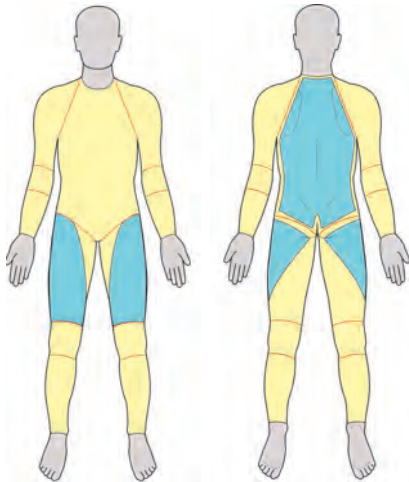


Reinforcement Options

SDO Standard Panels

Code: SP

To assist hip external rotation and back extension



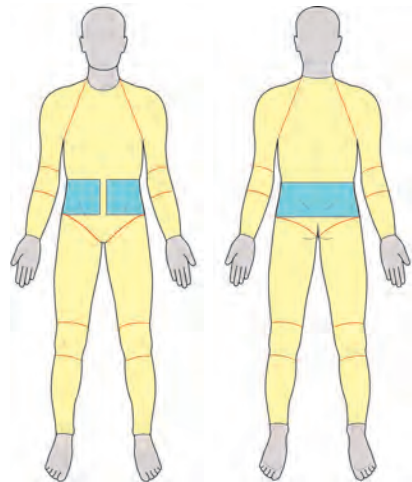
Anterior view

Posterior view

Lumber Panels

Code: LP

To assist postural control



Anterior view

Posterior view

Anterior Chest Panels

Code: CP1

To assist protraction of the scapulae



Posterior Back Panels

Code: CP2

To assist retraction of the scapulae and back extension



Anterior Abdominal Panels

Code: AP

To assist trunk flexion



Posterior Back Panels

Code: BP

To assist trunk extension



Zip Options

There are two options for zips on the body of a vest or leotard:

- Front zip
- Front zip, and/or back zip

The zips can be closed or open and/or upside down.

There are three options for zips on the long sleeves of a vest or leotard:

- Full length (open or closed)
- Mid-forearm (closed)
- Below elbow (open)

The zips can be positioned on the back of the arm or forearm or the ulnar side of the forearm.

Additional information:

Open zip: A zip that can be opened entirely so that both sides of the garment come apart.

Closed zip: A zip that can only be opened at one end.

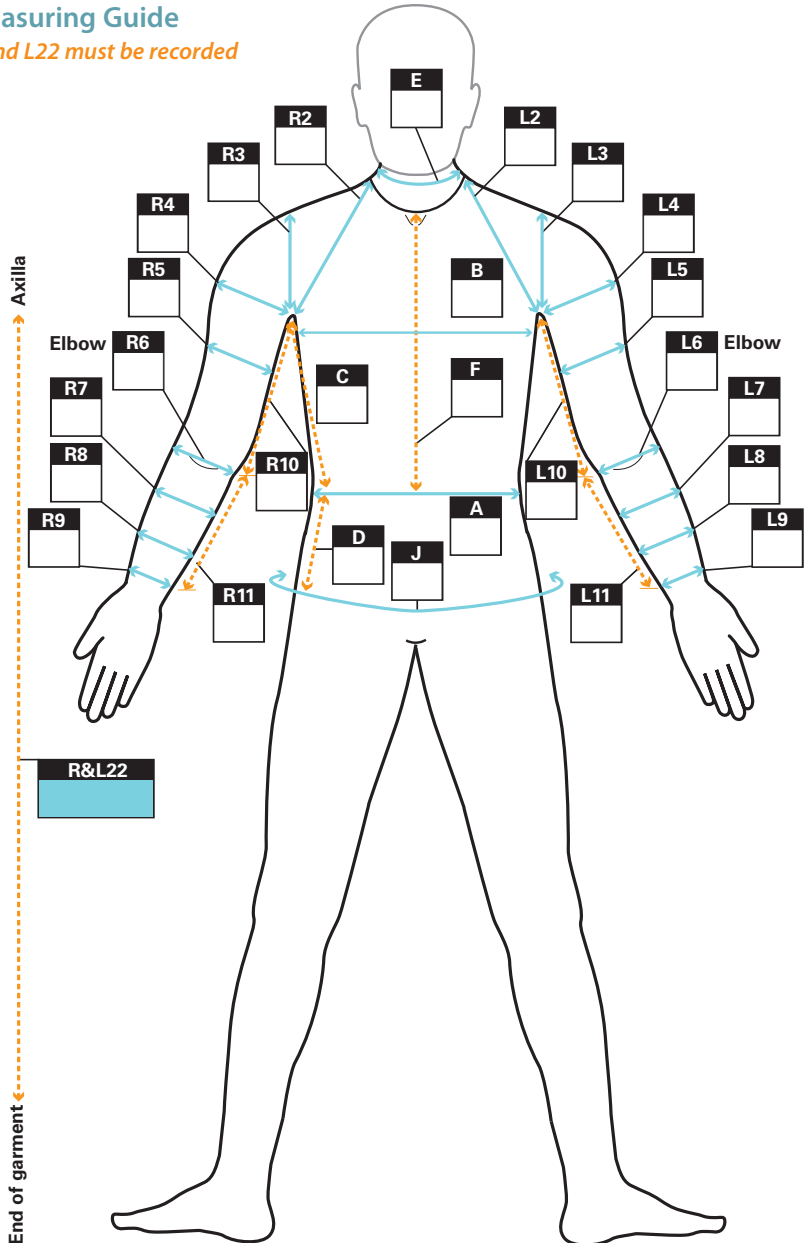
Information

When completing the measurement form:

- Zip placement – do not forget that when a hole for a gastrostomy (peg feed) is required that the front zip will not be put into the garment until after the first fitting.
- Consider whether the patient/client wears a pad or not as this will determine whether the zip is placed upside down.
- Where the spinal processes are prominent then request that the zip is positioned off centre and identify whether it is to the left or right off centre.
- If AFO's are worn then request that the zip is positioned at the front of long legs.
- Identify the type of fastening required at crotch, poppers or Velcro, and whether it is necessary for the crotch to finish higher at the front.
- Choice of fabric colour, reinforcement colour and thread colour must be identified using the SDO swatch.
- Choice of Motif Transfer must be identified using the motif swatch, indicate the position for the motif, using the appropriate section on the form.

Measuring Guide

R and L22 must be recorded



Measuring Guide *general guidelines to measuring (all measurements are in cm)*

Circumferential measurements (Blue)

- The tape should be wrapped around the body part and the measurement taken to skin without tension unless stated.
- When measuring A & B allow patient to settle into a regular breathing pattern and take measurement at resting point i.e. not full inspiration or expiration.

Length measurements (Orange)

- Make sure that the tape is lying against the skin but do not pull it.
- Use the 'body tape' to ensure accuracy by measuring to the same point each time.

The Points for Measurement for a vest (as shown on the measurement form):

R & L22 *Place end of tape at the axillary crease and measure down side to end of garment.*

A Around umbilicus 1cm less than 'at rest' circumference.

B Around chest in line with the axillary crease.

C Place end of tape at the axillary crease measure down side to a point level with umbilicus.

D Down side from point level with umbilicus to Anterior Superior Iliac Spines (ASIS).

E Around the base of the neck.

F From one or two finger breadth below sternal notch to umbilicus.

J Around point level with Anterior Superior Iliac Spines (ASIS).

R & L2 Place end of tape at the base of the neck (at the point where the suit needs to end) take the tape under the axilla and back to the same point. Arm should be by the side. You should be able to get 1 finger under the tape measure.

R & L3 Around the shoulder joint over the acromion. Arm should be by side and the scapula set against the chest wall. You should be able to get one finger under the tape measure at the front of the shoulder.

R & L4 Around arm level with axilla. Arm should be by the side.

R & L5 Midway between shoulder and elbow (may be at point of insertion of deltoid if defined or muscle belly of biceps) reduce 'at rest' measurement by 1/2cm.

R & L6 Around elbow joint with arm extended.

R & L7 Around point of the forearm where the muscle bulk is greatest, reduce 'at rest' measurement by 1/2 cm.

R & L8 Around point of forearm at musculo-tendinous junction (approximately 1/3 of forearm up from the wrist).

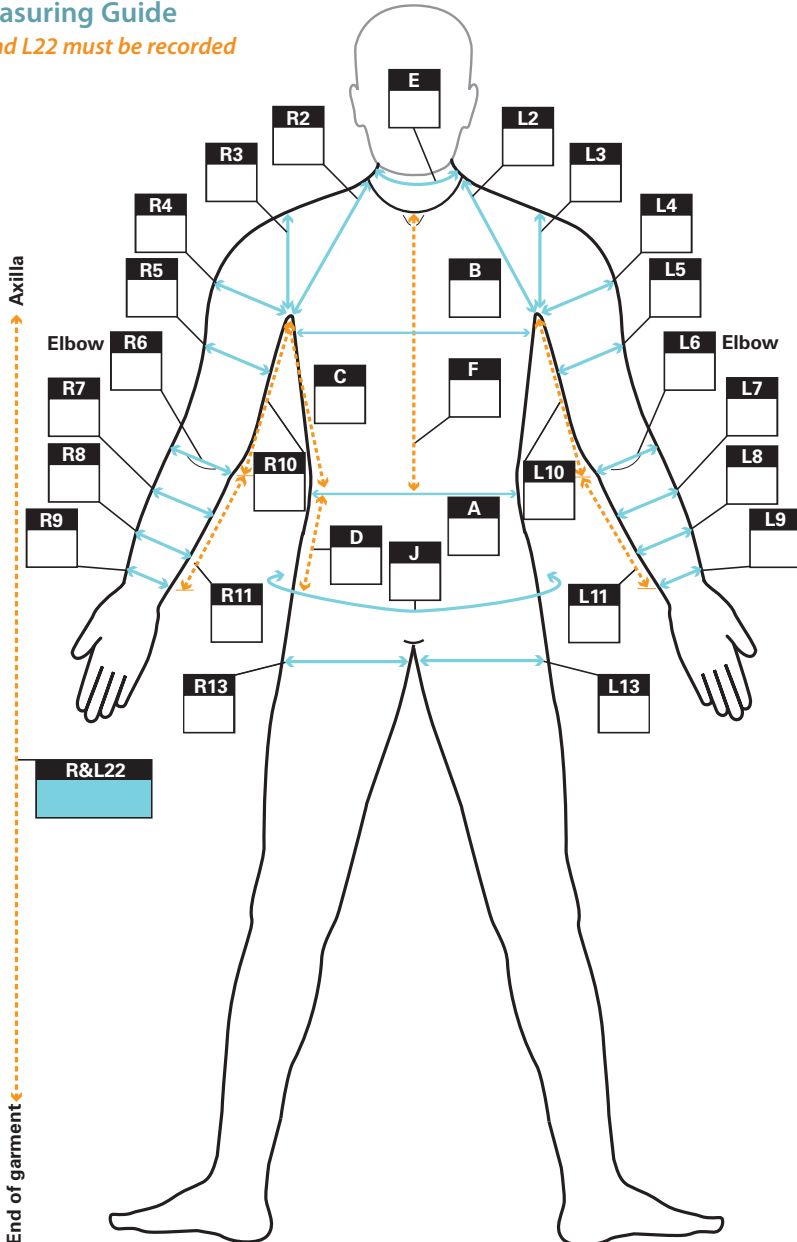
R & L9 Around wrist at point where sleeve ends.

R & L10 Place end of tape at the axillary crease and axilla measure to elbow in line with the cubital crease.

R & L11 From elbow in line with the cubital crease to wrist crease along ulnar border of forearm.

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Measuring Guide *general guidelines to measuring (all measurements are in cm)*

Circumferential measurements (Blue)

- The tape should be wrapped around the body part and the measurement taken to skin without tension unless stated.
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Length measurements (Orange)

- Make sure that the tape is lying against the skin but do not pull it.
- Use the 'body tape' to ensure accuracy by measuring to the same point each time.

The Points for Measurement for a leotard (as shown on the measurement form):

Crotch Waist to Waist through legs

Shoulder Base of neck to acromion process (only for leotard with no sleeves)

Garment Length Waist to the end of leotard

R & L22 Place end of tape at the axillary crease and measure down side to end of garment.

A Around umbilicus 1cm less than 'at rest' circumference.

B Around chest in line with the axillary crease.

C Place end of tape at the axillary crease and measure down side to a point level with umbilicus.

D Down side from point level with umbilicus to Anterior Superior Iliac Spines (ASIS).

E Around the base of the neck.

F From one or two finger breadth below sternal notch to umbilicus.

J Around point level with anterior superior iliac spines (ASIS).

R & L2 Place end of tape at the base of the neck (at the point where the suit needs to end) take the tape under the axilla and back to the same point. Arm should be by the side and scapula against. You should be able to get one finger under the tape measure at the front of shoulder.

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R & L8 Around point of forearm at musculo-tendinous junction (approximately 1/3 of forearm up from the wrist).

R & L9 Around wrist at point where sleeve ends.

R & L10 Place end of tape at the axillary crease and axilla measure to elbow in line with the cubital crease.

R & L11 From elbow in line with the cubital crease to wrist crease along ulnar border of forearm.

Additional Measurements

- For a sleeveless leotard then ensure that the width from base of neck to acromion process is recorded.