

Torso

## Torso section

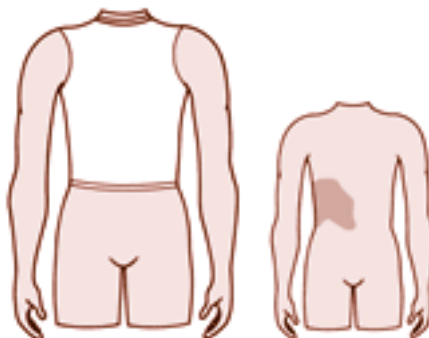
- Garment Styles**
- Design Choices**
- Modifications**
- Measuring Guide**

## Sleeveless Vest

0525

### For scarring to:

- The abdomen and lower back only
- With open armholes pressure is lessened
- Never use in conjunction with separate sleeves



## Vest with Long Sleeves

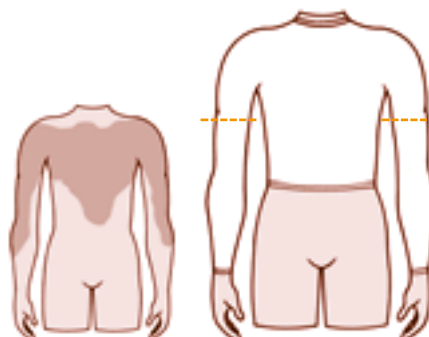
0527

## Vest with Short Sleeves

0528

### For scarring to:

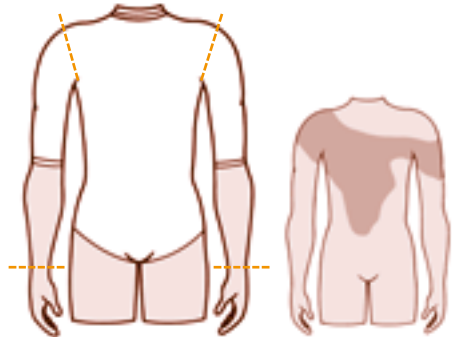
- The trunk
- Arms distal to the elbow area
- If scarring extends to wrist - consider detachable gauntlet in addition to vest
- Gauntlet attached to sleeves is not a recommended style
- If any dependent oedema issues are present in the hand, add a detachable gauntlet
- A combination of short and long sleeve may be selected if desired



<b>Sleeveless Body Brief</b>	<b>0530</b>
<b>Body Brief with Long Sleeves</b>	<b>0532</b>
<b>Body Brief with Short Sleeves</b>	<b>0531</b>

**For scarring to:**

- The back, above the breast area, shoulders and the arms
- Select short sleeve design following guidelines as instructions for vest with short sleeve
- Select long sleeve design following guidelines as instructions for vest with long sleeve
- If desired you may select different sleeve lengths according to scar location

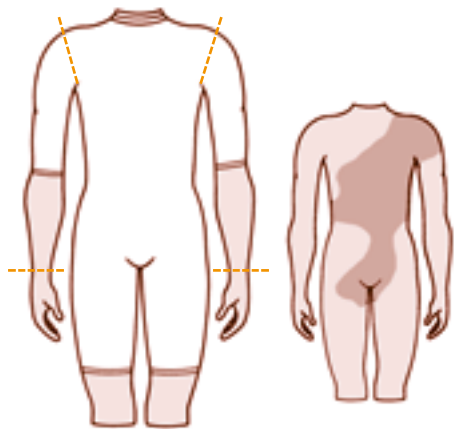


**Note:** All body briefs are constructed with a front or back zipper closure. The standard pubis finish is closed with Velcro.

<b>Sleeveless Bodysuit</b>	<b>0558</b>
<b>Body Suit with Long Sleeves</b>	<b>0560</b>
<b>Bodysuit with Short Sleeves</b>	<b>0561</b>

**For scarring to:**

- Trunk, abdomen and thighs
- Follow guidelines as per body brief
- Select sleeve length as for **vest** guidelines
- If desired you may select different sleeve lengths according to the scar location

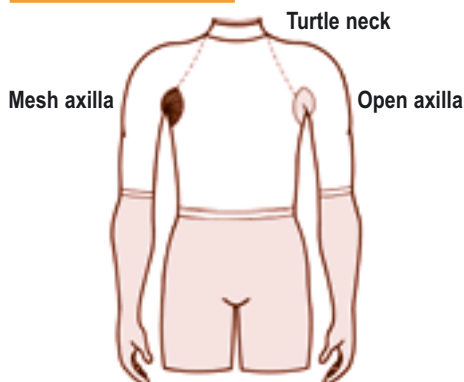


**Note:** A body suit can be constructed with the legs to the knees or to the ankles. All body suits are constructed with a front or back zipper closure. The standard pubis is open but can be ordered closed if desired.

**All Vests and Body Suits**

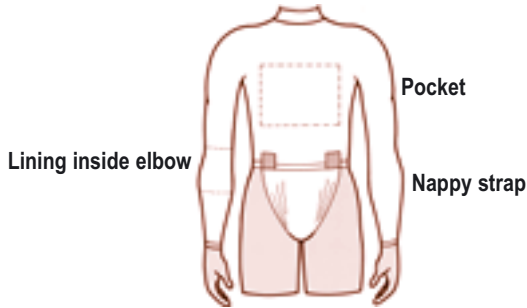
All female vests with bra cup size AA and above must have bra cups in vests, body briefs and bodysuits.

## Design Choices



<b>Zippers - front or back</b>	<ul style="list-style-type: none"> <li>- Avoid placing zippers over scar area</li> <li>- Use zippers carefully as a certain degree of pressure may be lost</li> <li>- Back zipper recommended for children.</li> <li>- Consider front zipper for patients with restricted mobility or for independence.</li> <li>- Zips may be incorporated into arms for specific cases</li> </ul>
<b>Velcro Closure - front or back</b>	<ul style="list-style-type: none"> <li>- Useful for children to allow growth expansion.</li> <li>- Please Note closure may be more difficult and if not closed fully a certain degree of pressure may be lost.</li> <li>- For reduced mobility select front Velcro closure.</li> <li>- Garments for ladies with bra cups cannot have front Velcro closures.</li> </ul>
<b>Scoop Neck</b>	<ul style="list-style-type: none"> <li>- Select for scarring which does not extend to chest area. A scoop at the front only is recommended, please write on form in comments box.</li> </ul> <p>Options on the <b>Jobskin Data Form - 503</b>.</p>
<b>Turtle Neck</b>	<ul style="list-style-type: none"> <li>- Select if burn extends to anterior neck surface. Recommended for scarring above chest level.</li> </ul>
<b>Raglan Sleeve</b>	<ul style="list-style-type: none"> <li>- Standard on all vests.</li> </ul>
<b>Lining to Axilla</b>	<ul style="list-style-type: none"> <li>- To protect fragile skin, may give extra pressure.</li> </ul>
<b>Open Axilla</b>	<ul style="list-style-type: none"> <li>- For use with open or fragile skin.</li> <li>- Not a recommended option.</li> </ul>
<b>Mesh Axilla</b>	<ul style="list-style-type: none"> <li>- For increased ventilation where no scarring is present and no pressure is required.</li> </ul>
<b>Insert to Axilla</b>	<ul style="list-style-type: none"> <li>- Standard insert for vests, this design has a centre seam.</li> </ul>
<b>Gusset to Axilla</b>	<ul style="list-style-type: none"> <li>- Consider this choice for axilla scarring as it contours anatomically. This design does not have a centre seam.</li> </ul>
<b>Elastic finish distal end sleeves</b>	<ul style="list-style-type: none"> <li>- Short sleeve vests are finished with elastic cuff as standard.</li> <li>- Long sleeve vests are finished with an overlock edge as standard.</li> </ul>
<b>Cropped Vest</b>	<ul style="list-style-type: none"> <li>- Consider scar area carefully when selecting this design as it provides minimal cover and pressure to the trunk is lost.</li> </ul>

## Modifications



<b>0001: Nappy strap</b>	- Standard length, available on vests only.
<b>0018: Torso Band</b>	- Fitting around torso from buttocks to chest. The measurements required are the circumference around the chest, waist and at the end of the garment. Give the length between the top and bottom of the garment, and between the top and waist.
<b>0034: Detachable Turtle Neck</b>	- 2.5cm (1"), 5cm (2"), or 7.6cm (3"). Can be worn with face mask for complete coverage.
<b>0027: Pockets</b>	- Opening to facilitate the placing of padding. Position and measurements must be given.
<b>1163: Velcro Tabs</b>	- To attach to waist heights.
<b>1167: Lining inside elbow</b>	- To protect fragile skin and to provide comfort if required.
<b>1168: Lining full elbow</b>	- To protect fragile skin.
<b>1164: Zipper under 20cm</b> <b>1165: Zipper over 20cm</b>	- Arm zippers normally extend from the end of the garment to the axilla on the lateral side. Specify the length and position you require. Available on medial or lateral aspect.
<b>1170: Gauntlets</b>	- Gauntlets attached to a sleeve vest are not recommended. A gauntlet must be used if the scar extends over the wrist and must be considered whenever oedema of the hand is present or likely to occur.
<b>1175: Double abdominal panel</b>	- Used to give support to a pendulous abdomen or collapsed stomach muscles, usually used in conjunction with an uplift panel.
<b>1176: Uplift panel</b>	- Extra pressure panel over abdomen to help hold up collapsed muscles in the stomach.
<b>1161: Reduced pressure abdominal panel</b>	- Reduced pressure over the abdomen area, made out of soft material. Recommended for patients who cannot tolerate abdominal pressure.
<b>Bras:</b>	- For insertion to bra vest. Sports type bra preferred. Can be supplied or purchased by patient.

## Tools required

- **Jobskin Data Form - 503**
- Regular measuring tape
- Jobskin measuring tape - coloured pink if arms are required in garment
- Jobskin measuring tape for legs - coloured purple, if legs are required in garment
- Adhesive tape
- Measuring stand

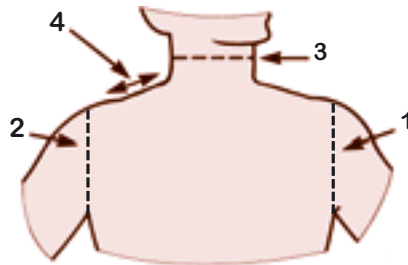
## Procedure

The patient should be standing and measurements taken with a regular measuring tape. Surface circumferences and linear measurements to be taken from the back. If the patient cannot stand upright the measurements should be taken with the patient lying on their side. All these numbers correspond to the numbers on the **Jobskin Data Form - 503**.

### Key:

- Orange = Linear measurement
- Black = Circumference measurement

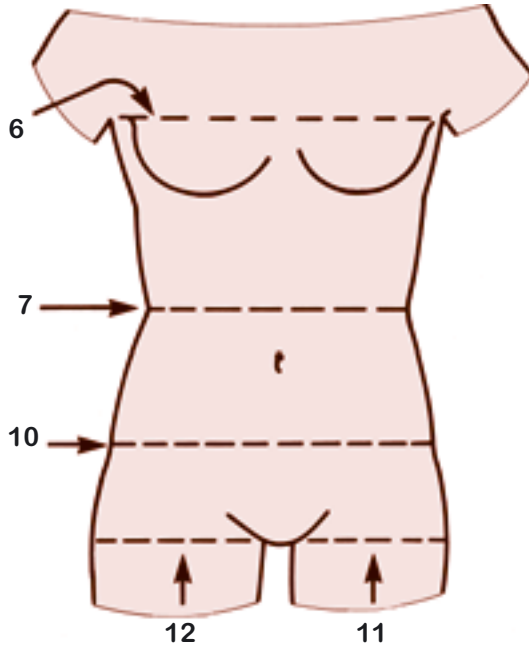
### Measurements required for all styles of torso garments



Number	Required Measurements	Method
1	Shoulder circumference - left	Ask the patient to place their hands on their waist and take the measurements with the arm at this angle. Bring the tape under the axilla, curve it around, finishing on the acromian process
2	Shoulder circumference - right	As for Number 1
3	Neck circumference	Around the neck at Adams apple level
4	Shoulder width - only required for sleeveless vests	Measure from the actual point on the shoulder to the base of the neck

**Key:**

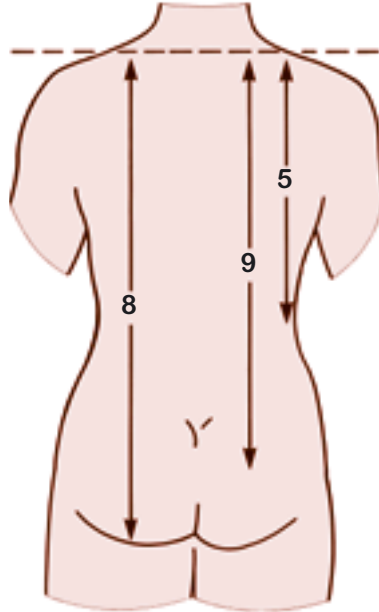
- Orange = Linear measurement
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Number	Required Measurements	Method
6	Chest circumference	Chest at level of axilla. The same measurement is taken for male and female (This is not a bust circumference)
7	Waist circumference	Place hands on hips and take measurement. <b>Tip:</b> Mark level on waist or leave a tape measure in place
10	Circumference at largest part of buttocks	If necessary stand the patient against a wall. The first part of the buttock to touch the wall is the largest protrusion. <b>Note:</b> Take the circumference No. 10 and the height No. 9 measurements together.
11	Proximal thigh circumference - left <b>Body brief and body suit only</b>	Do not allow the tape to slant
12	Proximal thigh circumference - right <b>Body brief and body suit only</b>	Do not allow the tape to slant

**Additional measurements for body briefs and body suits**

- Note:**
- If a body suit is required, measure the legs from the groin according to the instructions for lower extremities - lower legs.
  - Use full length tape - **red**.
  - Take the lengths from the back of the patient.



Number	Required Measurements	Method
5	Shoulder to waist	Place the tape at the top of the shoulder and measure the length to the waist. Take the lengths from the back of the patient. <b>Tip:</b> Mark the waist and take the tape straight round and measure the waist circumference. This is important as this length must be to where the waist measure is taken.
8	Shoulder to fold of buttocks - <b>contour measurement</b>	Measure from the centre of the tip of the shoulder to the gluteal fold of the buttocks (take high into fold). Lift the buttocks if necessary and tuck the tape into the fold. The tape must follow the contour of the buttock. <b>Note:</b> This is the only measurement that follows the contours of the body closely when taking linear lengths.
9	Shoulder to largest part of buttocks	Measure to the largest protrusion of the buttocks



**Additional measurements for a bra vest**



Letter	Required Measurements	Method
A	Shoulder to just under breasts	Length from shoulder to just under the breast using a tape left in place as a reference, at the back of the patient.
B	Circumference just under breasts	Measure directly under the breasts.
C	Bra size circumference over nipple	Directly over the nipples. Give the patients bra size if known. <b>Tip:</b> leave the tape in position, then take the A measurement for accuracy.

**Additional measurements for a longer vest**

**Note:** Not required for body suit or body brief

Letter	Required Measurements	Method
D	Shoulder to end of garment	<ul style="list-style-type: none"> <li>- Take if vest is required below the waist.</li> <li>- Measure from the top of the middle of the shoulder to the required length of the vest.</li> <li>- We recommend that the length should be taken just over the iliac crest.</li> </ul>
E	Circumference at end of Garment	Take at required end of garment. <b>Note:</b> If sleeves are required, measure the arms according to the instructions for measuring arms. Using the blue tape for arms. <b>See arm section.</b>