



SDO Training Workshop

Facilitator: Lydia Dean, Jobskin Therapy Specialist

This workshop will enable delegates to increase their working knowledge in the management of abnormal tone through the use of dynamic compression. Delegates will also have the opportunity to practice measuring techniques with supervision from our therapy specialist.

Each delegate will be provided with a comprehensive training manual and the necessary paperwork and equipment to support the learning objectives.

Objectives:

- ❖ To discuss the role of dynamic compression in facilitation and maintenance of function
- ❖ To recognise the importance of assessment prior to provision of dynamic compression
- ❖ To use sound clinical reasoning when making the decision for dynamic compression
- ❖ To take away and implement skills gained within their own clinical setting

9am to 4pm

- Registration, welcome & introduction to the day
- Neuro-physiology:
 - Reflex arc, receptors, muscle structure
 - Postural Control
 - Abnormal Tone and the Effects of Persistent Paresis

The above topics will be briefly considered in the context of dynamic compression and its application

10.30 -10.45 COFFEE BREAK

- Approach for Management of Abnormal Tone
- Evidence for Dynamic Compression – *the results of some of the research will be presented to assist therapists and orthotists in their decision making for the provision of a dynamic compression garment*

12.30 – 1.30 LUNCH – there will be a tour of the manufacturing unit for any delegates wanting to see the process from receipt of paperwork to garment production.

- Assessment and Decision Making for Dynamic Compression –
- “LIVE” Case Study when possible – *a demonstration of measuring a child (if possible) will be done so delegates can observe the measuring technique prior to measuring on each other.*
- Using the SDO Assessment Kit - *opportunity to see the assessment kit and gain an understanding of how this tool will assist you when considering dynamic compression as a treatment medium for patients with abnormal tone.*
- Measuring for a Sensory Dynamic Orthosis - *delegates will pair up and have the opportunity to use this time for practicing the measuring techniques they have been taught with supervision.*

3.00 – 3.15 TEA BREAK

- Wearing Regime/ Wash Care/Follow-up & review
- Reflection & Feedback
- Course Evaluation & Attendance Certificates